



Diabetes and Driving Safety

The Diabetes and Driving Study Group at the University of Virginia has been funded by the National Institutes of Health (NIH) to develop a new interactive website for drivers with type 1 diabetes. The web site is ultimately intended to: 1) allow drivers with diabetes to confidentially and accurately identify their risk of future driving collisions, and 2) help drivers with diabetes lower their risk of future collisions.

To inspire and educate participants, we plan to have real-life stories from people with diabetes on the new web site. We are inviting people with diabetes to share their personal stories that describe one of the following points:

1. How hypoglycemia unexpectedly occurred while driving.
2. Negative consequences of hypoglycemia driving mishaps (e.g. developed blurred vision and totaled my new BMW)
3. Positive consequences following hypoglycemia driving mishaps (e.g. after avoiding a near mishap, I routinely measure my blood glucose during long drives)
4. Any instructional tips to
 - a) Prevent hypoglycemia while driving
 - b) Recognize hypoglycemia while driving
 - c) Treat hypoglycemia while driving

We also request similar stories about how very high blood sugars affected driving.

Some of these stories will appear on the web site. As a person with diabetes or a spouse/parent of such a driver, please send your experiences to Lauren Barnett at LCB7S@hscmail.mcc.virginia.edu